

# Kern Valley Sun

Wednesday, May 8, 2024

## INSIDE



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### •Fire department gives update on arson investigation

Kern County Fire Department firefighters arrived at the structure of 2200 Young Avenue, in Lake Isabella, Thursday April 18, according to Kern County Fire Department's public information officer, Andrew Freeborn who sent the Kern Valley Sun a current update to the department's arson investigation, on Friday May 3.

### •Kernville chamber kicks off Farmer's and Artisan Market

The Kernville Chamber of Commerce kicked off its farmer's market on Saturday, May 4. The chamber added artisans into the mix, which was why the chamber recently changed its name to the Farmer's and Artisan Market.

### •Board discusses hospital's seismic upgrade plans

Kern Valley Hospital officials have been attempting to keep up with the demands from the State of California seismic update mandates, placed upon hospitals.

## SPORTS

### •Kern Valley teams ready for CIF

With the end of their regular season at hand, the Kern Valley High School teams are preparing to make their run at CIF.

### •Lady Broncs squad run away with HDL Finals

Kern Valley's girls track team claimed the HDL finals by dominating their opponents.

### •Seven Broncs crowned league champs

The Kern Valley boys track team continued their winning ways at the HDL Finals.

### •Kern Valley crushes Scorpions in HDL action

The Broncs varsity baseball team kept rolling as they try and keep their second-place hopes in league.

### •Junior Little League softball squad dominates in victories

The Kern Valley Junior Little League Softball squad took on Edwards in a double header on Saturday. They would sweep both games at home in dominating fashion. Game one saw Kern Valley win 23-0 and they followed that with a 28-0 victory in game two.



CATHERINE STACHOWIAK

## Kern Fire Safe Council holds Wildfire Awareness event

CATHERINE STACHOWIAK

A wildfire awareness event, with organizations educating the community to be prepared for and prevent wildfires was the focus last Saturday, May 4 at Circle Park in Kernville. The event was held in honor of National Wildfire Preparedness Day.

The Kern Fire Safe Council's Coordinator Wendy Ward planned the event, along with Outreach Coordinator Cuc Tat, and with support from the Kern County Fire Department, the US Forest Service, and the Kernville Chamber of Commerce.

Ward said, "The Kern Fire Safe Council invited over 20 partners or agencies to present information, in an interactive and entertaining way, with community members on being fire resilient; so whether it's preparing

for a wild fire or what to do during a wildfire or what happens after a wildfire."

The Kern Fire Safe Council had information on home hardening a defensible space and building a fire wise community.

Others educating visitors at the event were Kern County Fire Department, US Forest Service, and Bureau of Land Management. The fire department educated the public about their evacuation system. Community Emergency Response Team (CERT) provided information on ground clearance, fire extinguishers and disaster prep. Search and Rescue was also a vendor at the event.

Fred Clark's Farmer's Insurance Agency was on hand at the event, as was the California Department of Insurance, to update the public on how residents can attain good fire insurance in high fire risk areas.



CATHERINE STACHOWIAK

Face painting and coloring tables were available enabling children to color pictures as birthday cards to Smokey the Bear who just turned 80. Games were also provided for children to play during the event.

Central California Large

Animal Disaster told the public about animals during evacuations, as did Kern County Animal Control.

Independent Living Center provided information on emergency generators to assist senior citizens.

## Whirlwind adventure of Honor Flight turns awe inspiring

RAY CONNER

*Note: This will be done in two-parts. The number of points of interest and the story behind them are too much to do at one time. The story that follows is through the writer's eyes in hopes of sharing the emotions and honor it was to be able to make this whirlwind trip to the nation's capital.*

Say what you will, but the blessing of experiencing the Honor Flight does leave you speechless.

This adventure started in Bakersfield and ended in the same location. A quick hop to Washington D.C. to honor veterans across the history of their service to their country.

This flight even had a local veteran selected to join Honor Flight 49. Joseph "Joe" Aguilar of Bodfish was a Vietnam-veteran that served in the Air Force.

It was a gathering of angels ready to get on their wings and fly to remembering the life they once led. The logistics of the flight to the average person would seem insurmountable. But the Honor Flight group having done it 48 times before had worked out the kinks and the task at hand



RAY CONNER

Local Air Force veteran Joe Aguilar (middle) sits in front of the Air Force Memorial in Washington D. C. with two other veterans.

went smoothly. With all 96 veterans and their guardians all seated on the plane, it was time to set off to rejoin the past. The amount of people on the trip was close to 200 when you included the

guardians, the media, and those running the show.

Rolling down the tarmac, Honor Flight was treated to a water salute on both sides of the plane. As we lifted off, it was time to settle

in for the trip across the country.

The whispers of the veterans getting to know each other and in some case like me their guardians, floated throughout the plane. Cruising altitude was attained and the plane came alive with movement as the passengers moved about. Some scrambled for the bathroom, other to see their friends that were making the trip. Those running the flight came together to make sure they were all on the same page.

Arriving in Baltimore, the passengers were whisked to the busses to make their way to D.C. Color coded lanyards moved the progression to the right buses, four in all making their way to the hotel they would be staying at for the two nights.

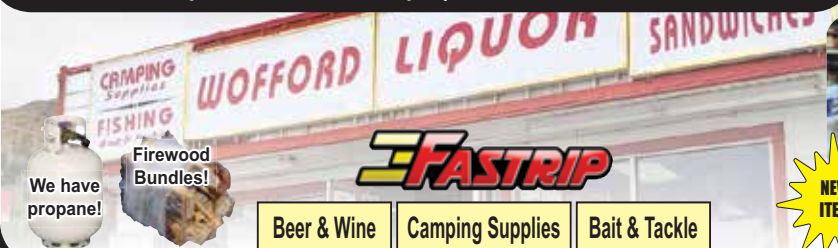
I know, so far not the exciting stuff, but I guarantee that is to come. Room keys distributed, buffet meal under our belts, it was time to grab some sleep for the events of the next day.

After breakfast, it was back to the buses where muster was held on each bus. This was done to make sure no one would miss the excitement that was building

continued on page A4

## Wofford Liquor

Sun.- Thur. 7am-10pm • Fri. & Sat. 7am-11pm | 760-376-3606 • 5981 Wofford Blvd. W.H.



**FIREBALL Cinnamon Whiskey** \$9.99 ea. + Tax  
50 ml., 10 pk



**PRIME Hydration Drink** \$1.79 ea. + Tax & CRV  
16.9 fl oz., All Flavors



**JIM BEAN Red Stag, Black Cherry** \$4.99 + Tax  
375 ml



**BUCKED UP Energy Drink** \$2.79 + Tax & CRV  
16.9 fl oz., Various Flavors

blood drive



ALL SUCCESSFUL DONORS WILL BE ENTERED TO WIN A \$2000 DISNEY GIFT CARD

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# COMMUNITY

## Concerned fishers and boaters launch petitions

CATHERINE STACHOWIAK

Concerned citizens from Kern River Fly Fishers Council and Kern River Boaters have started petitions to protect fishing and recreation at the Kern River, from which a couple circulated at the recently revived Trout Festival, Saturday April 27, in Kernville.

Brett and Elizabeth Duxbury told the Kern Valley Sun about their basis for the proposals and petitions they are circulating.

KR3 Minimum Instream Flows proposal is one that the couple was very focused on that day. The point of the petition is to determine the new license to go into effect for the 2026, KR3. The couple said their group just drafted and launched the petition for which they would like to have thousands of signatures to present to the managing agencies by the end of the year.

Brett Duxbury said, "Right now fish flows are very low on this river. Fish flow is the amount of water that Edison is required to leave in the river for the environmental health, the ecological health of the river. Modern Science, that California Environmental Flows framework, is the most modern contemporary river science available; it suggests these amounts for our river, which are quite a bit higher than the amounts currently required. And by leaving more water in the river, we'll have much better health for the fishery, we'll have much better health for human beings, better bacterial counts, lower temperatures, higher concentrations of dissolved oxygen and better aesthetics."

Elizabeth Duxbury agreed saying, "This in particular is targeting the environmental health of the river. It's



Brett and Elizabeth Duxbury representing the Kern River Boaters and Kern River Fly Fishers Council

really focused on just bringing up those minimum baselines, because otherwise that's really what is damaging. The temperatures, the volume of water available, the types of ecosystem available in that river, when they could drive it way low during the dry season and during both moderate and low water years. The river will just sit at that minimum in stream flow and it really does, it just kills off everything in the river. The only fish that are left are the planted fish. And so we're advocating this two-pronged proposal. Two proposals where we both increase the minimum flows for the ecosystem but also provide more and better timed recreational releases."

Regarding the Recreational Flows proposal the groups are circulating, Elizabeth Duxbury said, "we do have a

separate proposal regarding the recreational flows and being able to provide recreational flows more frequently and at times that the energy from the plant is not necessary. So that looks like providing flows on weekends and throughout the boating season, for boating and rafting and other recreational use. But those are released bubbles similar to what we have right now, but timed better and spread out better, to actually get used. And so that's a separate proposal."

Brett Duxbury said, that the terms set on the next licensing would be set for the following 40 years. For further information on the two proposals and to sign the two petitions please see the Kern River Boaters website at <https://www.kernriverboaters.com/>

## KRVCC PRESIDENT'S MESSAGE

May is here and we want to welcome our two newest members to the Kern River Valley Chamber of Commerce family. Those new members are Greenhorn Breckenridge LLC (a real estate property inspections company owned & operated by Brandon and Julie Anne Sorensen,) and Kern River Valley Eagles, Aerie #3156 in Mt. Mesa. Thank you for your support and commitment to the Kern River Valley.



Just amazing to believe we are already through one third of 2024; Mother Nature has blessed our lake with water and she is steadily rising. As of April 30, 2024, we are at 321,000 acre feet; it should be a fantastic year for all water sports from river rafting to boating and fishing for all to enjoy.

We once again want to give a huge shout-out to the amazing team of volunteers who worked so tirelessly on making the Isabella Lake Fishing Derby successful and enjoyable for our anglers. Words alone cannot express the gratitude from our anglers and myself, but thank you.

This weekend being May 4, 2024 is going to be full of events in the KRV beginning with the Siretta Street Yard Sale in Kernville, a Wildfire Preparedness Event in Circle Park which will have valuable resources for our property owners, a car show, and will finish with Bingo Bonanza at 5:00pm at the Senior Center in Lake Isabella. Good luck to everyone, from finding that special bargain to the participants at bingo; the weather is going to be fantastic so let's get out and enjoy our valley air.

Just in case some of you have missed the construction at Kissack Park, the first section of concrete has been poured for the skate park. I personally want to find a way of incorporating a bench or some other permanent object to the dedication of Ms. Karene Williams; this lady worked her butt off for many years on this project and we lost her just before it came to be. If you have ideas on how we can make this happen so we can honor Karene, I am open to suggestions. Karene, I do miss you along with many others as well.

We just want to remind everyone that property clearance is due in early June and it is all of our responsibilities to do our clearance so all of our homes are protected. If you see a neighbor in need of assistance and you have the ability, please lend a hand. This valley has amazing people who continue to do amazing things; this is what makes the KRV an amazing place to call home.

Please stay safe, utilize your Chamber of Commerce as we are here for you.

Fred Clark, President KRVCC

## KERN RIVER VALLEY SENIOR CITIZENS, INC. - PRESIDENT'S MESSAGE



know which Thursday that will be.

On April 23, Karen Northcutt and I traveled to Sacramento to attend the two-day California Senior Medicare Patrol (SMP) Annual Conference. It was a well put together conference with speakers on a variety of topics related to scammers and the methods employed to take money and assets from older Americans. We also had the opportunity to travel to the Capitol and visit several legislators. Overall, the conference was definitely worth the time.

California Health Advocates is working on behalf of those aged 65+ or people with disabilities to ensure access to the best possible healthcare options through Medicare. California Senate Bill 1236 (currently in the Senate Committee on Health) will give Medicare beneficiaries the right to select from a full range of Medicare options each year when choosing the most appropriate coverage for their own needs. This bill will create an annual open

enrollment opportunity for Medicare beneficiaries to choose a Medigap policy during the same time frame as the Medicare Advantage Open Enrollment Period, which is January 1st to March 31st each year. Senate Bill 1236 will also establish a right to a guaranteed issue for Medigap when Medicare patients experience life events necessitating a change in health care coverage. It is unacceptable for a Medicare beneficiary to be denied a Medigap plan and consequently trapped in a Medicare Advantage Plan due to the loss of access to their treating provider. This situation can have significant implications for an individual's health care coverage. Similarly, a veteran who relocates to an area without a VA treatment center should not be denied access to a Medigap plan when they need to rely on their Medicare benefits outside the system.

Does the above sound like Greek to you? Kern County Aging and Adult Services has the solution. The Health Insurance

Counseling and Advocacy Program (HICAP) provides free counseling, education, and assistance to Medicare beneficiaries who need assistance navigating and understanding Medicare rights and benefits, supplemental plans, prescription drug coverage, understanding long-term care insurance and appealing Medicare claim denials. These volunteers will provide you with information you need to choose the appropriate plan for you. You will then take information to your insurance agent to get the coverage you need and deserve.

We will be sharing more information with you as this bill moves through the legislative process. We will also keep you informed of the other legislative activities that could have an impact on your quality of life.

SCI is here to provide you and your family with information, referrals, and resources. I must say we are pretty good at it!

Judy Hyatt, President KRVSC

## Kern River Valley area Arrests from April 15th-30th

PATTI ORR

The following of the list of Kern River Valley area arrests for the time period above according to the Kern County Sheriff's Department and other law enforcement agencies. All suspects are considered innocent until proven guilty in a court of law.

**BODFISH** - 44-year-old Phillip Allen Damron was arrested by Fort Tejon CHP on April 16th on suspicion of DUI alcohol drugs, 57-year-old Randall Maynard was arrested on April 25th on suspicion of possession of controlled substance, assault with deadly weapon or assault with force likely to produce

great bodily injury, vandalism \$5000 or more, and assault with any means of force likely to produce great bodily injury, 36 year old Martin Delgado Salazar was arrested in Ventura County (Ventura County Sheriff) on April 28th on suspicion of cruelty to child by inflicting injury.

**LAKE ISABELLA** - 38-year-old Lydia Nunez was arrested on April 15th on Suspicion of Trespassing and Intoxicated in Public, 52 year old Herbert Brown was arrested on April 23rd on suspicion of use or under the influence of controlled substance, resist/obstruct/delay peace officer, first degree residential robbery, battery, child endangerment,

vandalism \$5000 or more and burglary, 26-year-old Sean Holden was arrested on April 24th on suspicion of trespass on closed lands, intoxicated in public and resist/obstruct/delay peace officer, 34 year old Jonathan Hunt was arrested on April 25th on suspicion of trespassing, 34 year old Kristi Maureen Annes was arrested on April 26th on suspicion of disturbing the peace by loud

noise and resist/obstruct/delay peace officer, 39 year old Joshua Shepherd was arrested on April 26th on suspicion of violation of probation, 60 year old Randal Green was arrested on April 28th on suspicion of child endangerment.

**WELDON** - 29-year-old Aaron Mustain was arrested on April 24th on suspicion of violation of probation.

### KERN VALLEY WEATHER

EIGHT-DAY VALLEY FORECAST

TODAY	THURSDAY	FRIDAY	SATURDAY
HIGH 75°   LOW 47°	HIGH 78°   LOW 52°	HIGH 81°   LOW 52°	HIGH 83°   LOW 56°
SUNRISE 5:53   SUNSET 7:46	SUNRISE 5:52   SUNSET 7:47	SUNRISE 5:52   SUNSET 7:48	SUNRISE 5:51   SUNSET 7:49

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
HIGH 84°   LOW 56°	HIGH 83°   LOW 57°	HIGH 85°   LOW 57°	HIGH 84°   LOW 56°
SUNRISE 5:50   SUNSET 7:50	SUNRISE 5:49   SUNSET 7:50	SUNRISE 5:48   SUNSET 7:51	SUNRISE 5:47   SUNSET 7:52

### KERN VALLEY WATER WATCH

Kern River Basin Data as of Sunday, March 31, 2024

Lake & River Information	This Week	Last Week	Last Year
Lake Elevation	2,582.92	2,580.90	2,583.84
Lake Storage	337,904	320,188	346,137
Inflow Into Lake	3,306	2,360	5,312
Outflow From Lake	1,152	1,307	6,401

Source: U.S. Army Corps of Engineers.  
All data is preliminary. Final figures may change. Elevation feed above sea level. Storage expressed in acre-feet. Inflow and outflow expressed in cubic feet per second. Inflow shown is at Kernville.

## Kern River Valley area Crime Data Report from April 15th-30th

PATTI ORR

The following is the crime data report for the Kern River Valley area from April 15-30th according to the Kern County Sheriff's Department. The geo-address level is approximately 100%.

**BODFISH, LAKE ISABELLA, MOUNTAIN MESA, SOUTHLAKE AND SQUIRREL VALLEY** - 15th - Towed; Driver Incapacitated, 6200 block of Lake Isabella Blvd and Burglary: 1st Degree, 2700 block of Lupine

Street, 17th - Exhibit Firearm, 100 block of Hamilton Road, 20th - Possess Controlled Substance Paraphernalia, 3900 block of Erskine Creek Road and Disorderly Conduct: Alcohol, 5400 block of Lake Isabella Blvd, 22nd - 2 calls for Force or Assault w/ Deadly Weapon not Firearm: Great Bodily Injury Likely, 23rd - Carjacking, 4100 block of Balboa Street, 2400 block of Reeder Drive, 24th - Missing Person, 2300 block of Rembach Avenue.

## KERN VALLEY SUN

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# OBITUARY

## Denton Alfred Beam May 15, 1939 - March 5, 2024

Denton Alfred Beam, 84, passed away at his home in Georgetown, CA, on March 5, 2024. He was born May 15, 1939 in Northern California, to Raymond Beam and Viola Garber Beam. He was one of 7 children. He had 4 brothers- Douglas, Ronnie, Delbert, and Gary; and he had 2 sisters, Rae and Kay. He was a long time resident of Georgetown, CA and the Kern River Valley.

He married Jeannie Warner in 1957, together, they had 3 children, Greg, John, and Christine; leading to 16 grandchildren, 28 great grandchildren, and 3 great-great grandchildren (to date).

In the 1970's, he met, and then spent 25 years with Dawn Robidoux. They married in 1995, 2 months before she passed away of cancer, preceding him in death. He remained close to his stepdaughter, Monique.

He married Carolyn Gravelle in 1997. They were married for 16 years, but decided to remain just friends, which they did, helping each other out, until his death.

He had a long career, over 50 years, as a logger. He was an avid outdoorsman. He traveled the country enjoying his love of hunting and fishing. He also spent as much time as he could in his beloved Canyon Creek.

He was a man who did not mince words. He was also kind, with a quick wit, and a great sense of humor.

He is survived by his 2 sisters; 2 of his brothers, Ronnie and Gary; his 2 sons and their wives, Greg and Pamela Beam of Caliente, CA, and John and Alita Beam of Lake Isabella,



CA; his stepdaughter and her husband, Monique and Gary Alvidrez of Bakersfield, CA; his grandchildren, great grandchildren, great-great grandchildren, many nieces, nephews, and cousins.

Denton will be greatly missed. Graveside service is Friday, May 17, at 1:00 pm, at Kern River Valley Cemetery, 8441 Burlando Road, Wofford Heights.

In lieu of flowers, please consider a donation to the Georgetown Divide Rotary Club. A Celebration of Life is immediately following at Ewings on the Kern.

Please note: No glass or ceramic vases are allowed at the cemetery.

# Fire department gives update on arson investigation

CATHERINE STACHOWIAK AND PATRICK RAY

Kern County Fire Department firefighters arrived at the structure of 2200 Young Avenue, in Lake Isabella, Thursday April 18, according to Kern County Fire Department's public information officer, Andrew Freeborn who sent the Kern Valley Sun a current update to the department's arson investigation, on Friday May 3.

Officers risked their own safety to put out the fire April 18, and to explore the residence and make sure no persons were inside.

Later Kern Valley Sun photojournalist, and web manager, Patrick Ray met individuals claiming to be legitimate tenants, as they came to attain their belongings from the burnt out structure. Tenants claimed they were not squatters, as the owner of the structure, who contacted the Kern Valley Sun, has claimed.

The current results of the investigation are below in Freeborn's email.

The investigation appears to be on going as Freeborn has stated that if members of

the public have any additional information the department encourages people to report it to Freeborn.

Date: 4/18/2024  
Time: 18:36  
Location: 2200 Young Ave  
Cause: Undetermined  
INC# 2416166  
Units on Scene: E71,E72, E76, CREW79, BATT7

Narrative: Kern County firefighters were dispatched to a structure fire, as dispatchers were receiving multiple reports of a structure fire. Upon arrival, firefighters encountered a single-wide mobile-home with smoke showing from the rear of the structure and from the swamp cooler on the roof. A high victim profile was announced and E-72 assumed "Young Command." Firefighter 72 extended a hose down the "Bravo" side of the structure to the "Charlie" side of structure, where smoke was heaviest. The Captain performed a 360 walkaround the structure and notified Batt 7 of a transitional attack, the strategy of applying water from the exterior before entering.

There was fire showing from the bedroom window on the "Charlie Delta" corner and FF 72 was directed to put his hose stream through the window. The Captain was unable to make contact with any residents or witnesses to verify that the structure was unoccupied, this combined with a vehicle in the driveway lead the Captain to enter the structure with his firefighter before backup arrived.

Captain 72 and Firefighter 72 made a primary search of the residence utilizing the Thermal Imaging Camera, while simultaneously attacking the seat of the fire in the bedroom in the rear of the home. A primary all clear was determined from the search was and reported to Batt 7 (IC) as well as a knockdown of the fire. The cause of the fire is unknown. If members of the public have additional information about the incident they are encouraged to call 1(877) 347-3847.

Andrew Freeborn  
KCFD Public Information Officer

## EVENTS CALENDAR

**Wed., May 8**  
Kern Valley Senior Dance Live Band, dancing, snacks, 50/50 drawing No admission charge. Fun  
**Time:** 6:00 to 8:00 PM  
**Where:** Kern Valley Senior Center, 6409 Lake Isabella Blvd, L.I.

**Thurs., May 9**  
**Times:** 1:30pm-2:30pm - Toddler Storytime: Mother's Day 2pm-5pm - Music Lessons 4:30pm-5:30pm - Slime Fun!  
**Where:** Kern River Library 7054 Lake Isabella Blvd

Spoken Word Poetry Circle  
**Time:** 6-7:30 pm  
**Where:** The Station (KRVA) 6701 Wofford Blvd Wofford Heights, CA 93285

Hand Drum Rhythm Class  
**Time:** 6:15-7pm  
**Where:** Art Center (KRVA) 6709 Wofford Blvd Wofford Heights, CA 93285

Drum Circle  
**Time:** 7-8 pm  
**Where:** Art Center (KRVA) 6709 Wofford Blvd Wofford Heights, CA 93285

**Fri., May 10**  
**Times:** 3:00pm-4:00pm - Chair Yoga 4:30pm-5:30pm - Family Storytime: Mother's Day 5:00pm-6:00pm - Mat Yoga  
**Where:** Kern River Library 7054 Lake Isabella Blvd

Movie Night!  
**Time:** 6-9 pm  
**Where:** Art Center (KRVA) 6709 Wofford Blvd Wofford Heights, CA 93285

History Talk  
**Time:** 11:00 AM  
The talk is called Building an Industry on Clear Creek - 1864-1869. Presented by Tim Kelly  
**Where:** Pack Station behind the Kern Valley Museum 49 Big Blue, Kernville.

**Sat., May 11**  
**Times:** 12:00pm - 2:00pm - Mock City (Rodeo) 2pm-3pm - Little Art Journey: Mother's Day Bracelets The Artistic Journey: Step by Step Scenery Drawing  
**Where:** Kern River Library 7054 Lake Isabella Blvd

Glass Fusing Part I - Class  
**Time:** 9-10 am  
**Where:** Art Center (KRVA) 6709 Wofford Blvd Wofford Heights, CA 93285

Sun Printing: Cyanotypes  
**Time:** 1:30-3:30 pm  
**Where:** Art Center (KRVA) 6709 Wofford Blvd Wofford Heights, CA 93285

Gallery Reception  
**Time:** 4:30-8pm  
**Where:** Gallery (KRVA) 6749 Wofford Blvd Wofford Heights, CA 93285

**Sun., May 12**  
Mother-Daughter Friendship Bracelets  
**Time:** 1-2 pm  
**Where:** Art Center (KRVA) 6709 Wofford Blvd Wofford Heights, CA 93285

The Art of Handwritten Letters  
**Time:** 6-9 pm  
**Where:** Art Center (KRVA) 6709 Wofford Blvd Wofford Heights, CA 93285

**Mon., May 13**  
The Art of Handwritten Letters  
**Time:** 6-9 pm  
**Where:** Art Center (KRVA) 6709 Wofford Blvd Wofford Heights, CA 93285

**Tues., May 14**  
**Times:** 12:00pm-1:00pm - 3D Printer Orientation 1pm-4pm - Greater Bakersfield Legal Services 4:30-5:30pm - ASL Storytime  
**Where:** Kern River Library 7054 Lake Isabella Blvd

SFUSD presents a local Resource Fair  
**Time:** 4-6pm  
**Where:** SF Middle School campus gymnasium 5225 Kelso Valley Road, Weldon

Lake Isabella & Bodfish Property Assc. Guest Speaker: Gabe Garcia, Field Manager for BLM's Bakersfield Field Office  
**Where:** Lake Isabella Senior Center

## K.V. Comm. Orchestra Performance!!!

Sunday - May 19, 2024 at 4:00

"With performances by the students from the South Fork Middle School's Music Program"

Located at South Fork Middle School at 5525 South Kelso Valley Rd Weldon, 93283



For Questions, Please call, 661-599-5694

# KARRIE BUNTING

ATTORNEY AT LAW



Wills, Trusts and Probate (760) 223-6026

by appointment only

5104 Lake Isabella Blvd. Suite B Lake Isabella, CA 93240

# VINCE FONG

is fighting for the Kern River Valley and making sure our voice is heard.

## AS OUR STATE ASSEMBLYMAN, VINCE IS:

- Fighting against tax increases and inflation
- Protecting local jobs by supporting small businesses and creating new economic opportunity for Kern County
- Always defending our way of life

It is my honor to represent Kern County in the State Assembly. I will never lose sight of our values of hard-work, family, and faith, because our community and our country are worth fighting for."

Assemblyman Vince Fong



Paid for by Vince Fong for Assembly 2024

## COMMUNITY SUPPORT GROUPS

**Adult and Adolescent Substance Abuse Classes:** (Medi-Cal not accepted). Please call to schedule an appointment or for further information. 760-379-9194. 5121 Lake Isabella Blvd., Lake Isabella.

**Al-Anon Meeting:** Wednesday, 80 Evans Rd., Wofford Heights, 7:00 p.m. Contact 760-379-7312 or 760-378-0041. These meetings are for friends and family of alcoholics.

**Alcoholics Anonymous:** Faced with a drinking problem? Perhaps Alcoholics Anonymous can help. Weekly meetings, call AA Hotline, 661-322-4025.

**Alzheimer's:** The Alzheimer's Disease Association of Kern County provides up to six hours of respite to caregivers who have a loved one with Alzheimer's or other related dementias. Currently, we hold these adult day services at the Veterans/Senior Center in Lake Isabella on the 2nd and 4th Thursday of each month from 9:00 - 1:30 (if weather permits). An application packet should be completed by the caregiver on your first visit. Call Otilia for more information at KDAKC (661) 665-8871.

**Celebrate Recovery at The Ark:** Come celebrate recovery every Friday at the Ark located at 5301 Lake Isabella Blvd., Lake Isabella, CA 93240. The program starts at 7:00 p.m. Celebration Place - ages 5 to 14. The Landing - ages 14 to 18. Celebrate Recovery ages 18 & up. The Landing 13-18 and Celebration Place 0-13. For more information, call 661-862-9420 or info@knucklepministries.org.

**Grief Share:** 1st Baptist Church Lake Isabella has resumed GriefShare Sunday school class at 9:15 am in The Fellowship Hall. Non Denominational course dealing with loss. All are welcome. 3701 Suhre St., Lake Isabella. Phone: 760-379-5615

**God's Closet Clothing Ministry:** Free gently used clothing for newborns through adults. Located at First Baptist Church Lake Isabella. Must make appointment by calling 760-379-5615 or e-mailing godscloset@fbcli.org

**God's Storehouse of the KRV:** Feeding those in need in the Valley. Monetary donations are always welcome and may be mailed to P.O. Box # 2977 Lake Isabella, Ca. 93240. All donations are tax deductible. Call 760-223-0750 for more information. Located at 3810 Golden Spur, Lake Isabella. Hours of operation: 2nd Tuesday of each month 9am - 11pm and 4th Sunday of each month 1pm - 3pm.

**The Bristol Hospice (formerly Optimal Hospice) Grief Support Services:** Child and Teen Support. All child and teen services are uniquely tailored on a case-by-case basis. One-on-one counseling is available. Grief Support Group Information (BAKERSFIELD) In-person & Virtual. Bristol Hospice - 1675 Chester Avenue, Suite 401, Bakersfield, CA 93301. (Park in the parking garage located on Eye St. Enter through the black gate and up to the 4th floor.) Tuesday's 11:30am-1:00pm Thursday's 6:00pm-7:30pm. (TAFT) In-person Only. First Baptist Church - 220 North St., Taft, CA 93268 (Located next to the Church office on North St.) Third Wednesday of Each Month 1:30pm-3:00pm. Please E-mail or call our bereavement coordinator for more information: Jessica Mosley, MSW. Call: (661) 716-4000 E-mail: bereavement-bakersfieldhospice@bristolhospice.com

**NAMI Connection Recovery:** Connection Recovery Support Group, for individuals living with mental health challenges, meet every Monday, from 1-2pm. Pre-registration is required. For more information, call Lisa Wylie @760-417-1932.

**Passionate Hearts Support Group:** A Christ-centered, curriculum-based, 10-month support group for women wounded by childhood sexual abuse that provides a safe place for women to come together and work on the damage incurred through their abuse. Registration is required and space is limited. Call Alex at 760-298-0341.

**Pregnancy Resource Center:** Tuesday and Thursday each week, 1 to 5 p.m., 6040-D Lake Isabella Blvd. Lake Isabella. Free Pregnancy Testing, Peer Counseling, materials assistance, referrals. Mailing: PO Box 3015 Lake Isabella, CA 93240. Call 760-379-8893 for more information.

**The Salvation Army** is looking for donations for winter items of any type like coats, blankets, shoes, boots, and tents and much more. 5109A Lake Isabella Blvd. Lake Isabella Ca. 93240 Call Yolanda for more information at 760-379-0112 Monday and Friday only from 9am to 11am

**TOPS #436:** (Taking Off Pounds Sensibly) meets Wednesdays at 9:30 a.m.-11:00 a.m., at the Senior Center in Lake Isabella. Open to the public. Call 760-379-3366 for more information.

**Women's Domestic Violence Support Group:** A place for education, healing, growth, and empowerment. Female survivors and family members are welcome. Every other Thursday, 5:30-7 pm. Call 760-223-2777 for location and information.

**Editor's Note:** Please call groups listed above to assure that information is correct prior to attending a meeting.

# Honor Flight

continued from page A1

for the anticipation of the first day of Honor Flight 49. It was going to prove to be a busy day as the plan was to see eight places in roughly 11 hours.

The U.S. Navy Memorial was first up where a smattering of Navy vets and some guardians that also served in the Navy visited the memorial of their service. I am a U.S. Navy vet and I too took this memorial to heart. A short time later in was on to the Archives. This building hosts all the important documents this country was founded on. To see them in their original state sent you back to the beginning of this country.

The next stop definitely would pull at the heart strings. Arriving at Arlington National Cemetery and the history it includes, sent shivers up the spine. From the time you make it to the grounds to the time you leave you are reminded of the sacrifice fellow Americans have made in their service. The rows and rows of headstones, marked out to show the graves of the brave reminded you of all the loss attributed to the wars this country has been through.

After stopping to honor the Army vets at their memorial a somber approach to the Tomb of the Unknown Soldier was at hand. The eeriness surrounding the sacred area was evident to all. The veterans on the trip lined themselves up for the 24-hour, 365 day (except leap years that make it 366) continuing guarding of the tomb. The men and women that are called to serve in this way have their life laid out for them. They are trained to have the number 21 in their heads at all times. From the 21 steps in front of the tomb to the 21 minutes they are to perform this duty.

The changing of the guard ceremony left you in awe with their precise moments attribute to all that have made the call to defend this piece of history and the remembrance of a soldier that gave his life. The buzz on the busses after getting the chance to see this incredible legacy was humming just like the wheels



RAY CONNER

The Veterans and Guardians on the plane for Honor Flight 49 heading to Washington D.C.

of the bus going round and round.

A quick pop in to the Women's Veteran Memorial at Arlington was next as on this trip two from this group were given an honor listing them to this memorial of those brave women that fought along the men for their country.

The FDR Memorial, a place of cascading water and his gift of thoughts through words was where a box lunch was served. It reminded me of school field trips as a youngster.

Back on the bus and muster accounted for, it was time to roll on this whirlwind excursion. The next stop was the Iwo Jima Memorial. Just driving up to it left you opened-mouth in amazement at the detail and the significance of the statues. It is a piece of history that gave this country the reality of winning a war over tyranny. With the flag fluttering in the wind and the men depicted it left you proud to be an American.

The visible emotions of some of the Marine veterans was evident. Some of their fathers, brothers and other family members were part of this miraculous piece of history on Mt. Suribachi.

The last sight of the day was the Air Force Memorial. There were many on this flight that served in Korea, Vietnam, and what was signified as the "Cold War". This group took their pride in one of the newer memorials to Washington D.C.

Aguilar, the local Air Force veteran commented about his thoughts on the trip, "From the start when I found out about the honor flight, I knew I was going to try and go on it. Meeting the people who work so hard to make the veterans enjoy the trip. And to remember what they fought for and to pass it on. To visit when my grandfathers, dad and brother served."

With the sun setting, and the whole platoon of Honor Flight emotionally exhausted and physically drained it was time to end this day. The bus ride back to the hotel gave the veterans, and all others a chance to remember and to reflect on what they were seeing and their place in this spectacular showing of American History.

See Next week's edition of the Kern Valley Sun for Part Two of Honor Flight 49.

# Kernville chamber kicks off Farmer's and Artisan Market

CATHERINE STACHOWIAK

The Kernville Chamber of Commerce kicked off its farmer's market on Saturday, May 4. The chamber added artisans into the mix, which was why the chamber recently changed its name to the Farmer's and Artisan Market.

Tara Overall of the Kernville Chamber of Commerce organized the ongoing series. The chamber plans to hold the event every Saturday, running May 4 through the month of September, from 9am to 3pm. Saturday the market was adjacent to the Fire Safe event at Circle Park.

Vendors of handmade goods with artisans and crafters were added this year,

which was why the name was officially changed to the Kernville Farmers and Artisans Market.

"We have local producers of soaps, jams, jellies, honey, produce, as well as different crafters. Jewelry makers will be coming in as well and baked goods," Overall said.

"We're actually hoping to have some local fresh eggs, just starting off in spring, since chickens are starting to lay a little early this year. And then just a variety of seasonal fresh produce from local vendors."

Overall has been in touch with vendors and taking care of permitting for these events, which the chamber holds in Kernville on Frontage

Road, directly in front of the Kernville Inn, at the corner of Kernville Road and Kern River Drive.

According to the president of the chamber, Orion Sanders, the Kernville Chamber of Commerce did not originally organize the Farmers Market. Yet the chamber took it over, at the request of some vendors, approximately four years ago.

Sanders thinks the event has been moderately successful and was hoping more vendors would join. "More vendors need to come and take advantage of all of the great weather and tourism and events that happen in and around Kernville," he said.

www.gotokernville.com



CHRISTINA DENYS

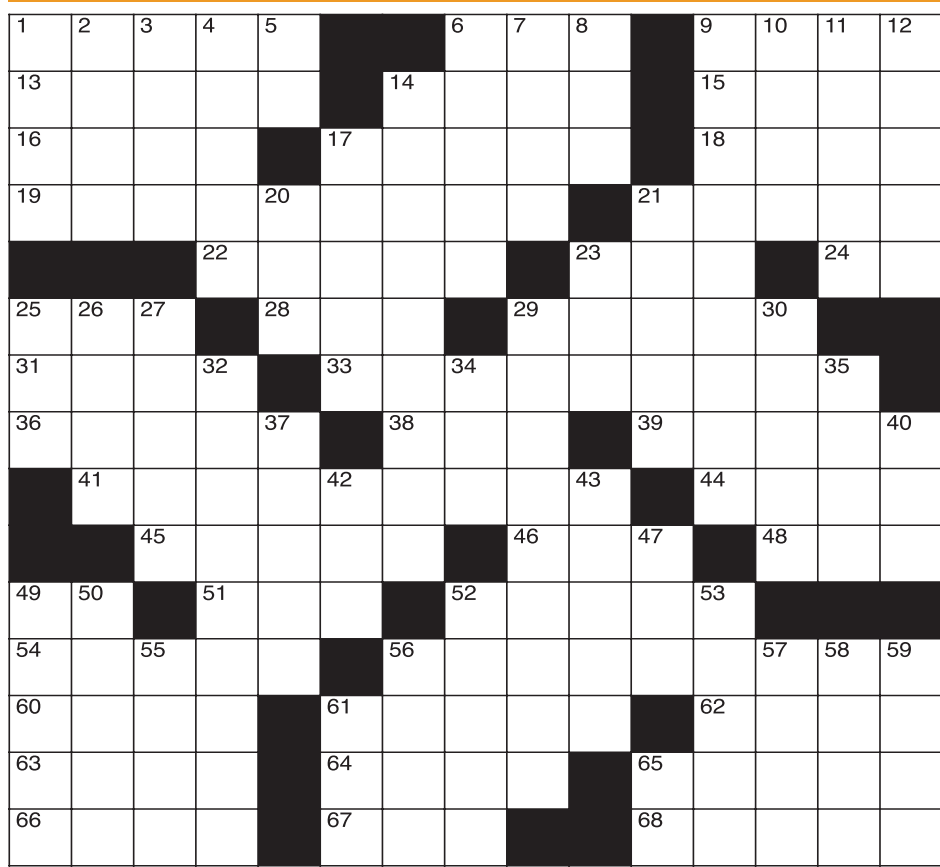
The Kern River Valley Bingo Bonanza event that was put by The Kern River Valley Chamber of Commerce was held on Saturday May 4th at 5pm. At the Senior Center in Lake Isabella. The community came together and had lots of fun, they had ton prizes and winners.



CATHERINE STACHOWIAK

Kernville residents held the annual Sirretta Street Sale, Saturday May 4, up and down the entire street, which anyone was allowed to join, according to locals. People were selling everything from plants, to jewelry, tools and clothing, DVDs and furniture.

## FUN & GAMES



### CLUES ACROSS

- 1. It wakes you up
- 6. A place to sleep
- 9. Czech village
- 13. Appetizer
- 14. African country
- 15. Dark brown or black
- 16. Parent-teacher groups
- 17. Saturates
- 18. ESPN personality
- 19. Songs to a lover
- 21. Cavalry-sword
- 22. Begat
- 23. Patriotic women
- 24. Famed Princess
- 25. One who does not conform
- 28. Neither
- 29. Nigerian monetary unit
- 31. Body parts
- 33. Hit Dave Matthews Band song
- 36. Depicts with pencil
- 38. Make into leather without tannin
- 39. Plants grow from them
- 41. Alias
- 44. Fingers do it
- 45. More dried-up
- 46. Clod
- 48. Senior officer
- 49. A way to listen to

### music

- 51. The bill in a restaurant
- 52. Historic center of Artois region
- 54. Cyprinid fishes
- 56. Poisonous perennial plant
- 60. Scottish Loch
- 61. Heads
- 62. Extra seed-covering
- 63. Wings
- 64. Britpop band
- 65. Forearm bones
- 66. Small immature herring
- 67. Female sibling
- 68. Hymn

### CLUES DOWN

- 1. Vipers
- 2. Not on time
- 3. Resembling a wing or wings
- 4. Tears down
- 5. Professional designation
- 6. Noise a sheep made
- 7. Type of lodge
- 8. Speak poorly of
- 9. Ties the knot again
- 10. Apron
- 11. Studied intensively
- 12. City in Finland
- 14. One who monitors
- 17. 18-year

### astronomical period

- 20. Trent Reznor's band
- 21. Takes to the sea
- 23. Split pulses
- 25. Valentine's Day color
- 26. Wyatt
- 27. Type of rail
- 29. One from the Big Apple
- 30. Asteroids
- 32. Made more sugary
- 34. Change in skin pigment
- 35. Mild yellow Dutch cheese
- 37. Koran chapters
- 40. A place to relax
- 42. Young woman ready for society life
- 43. Female horses
- 47. Half of Milli Vanilli
- 49. Icelandic poems
- 50. Indiana town
- 52. Golden peas
- 53. Closes tightly
- 55. It's mined in mountains
- 56. Cliff (Hawaii)
- 57. Ribosomal ribonucleic acid
- 58. Monetary unit
- 59. Primordial matter
- 61. TV station
- 65. Rise

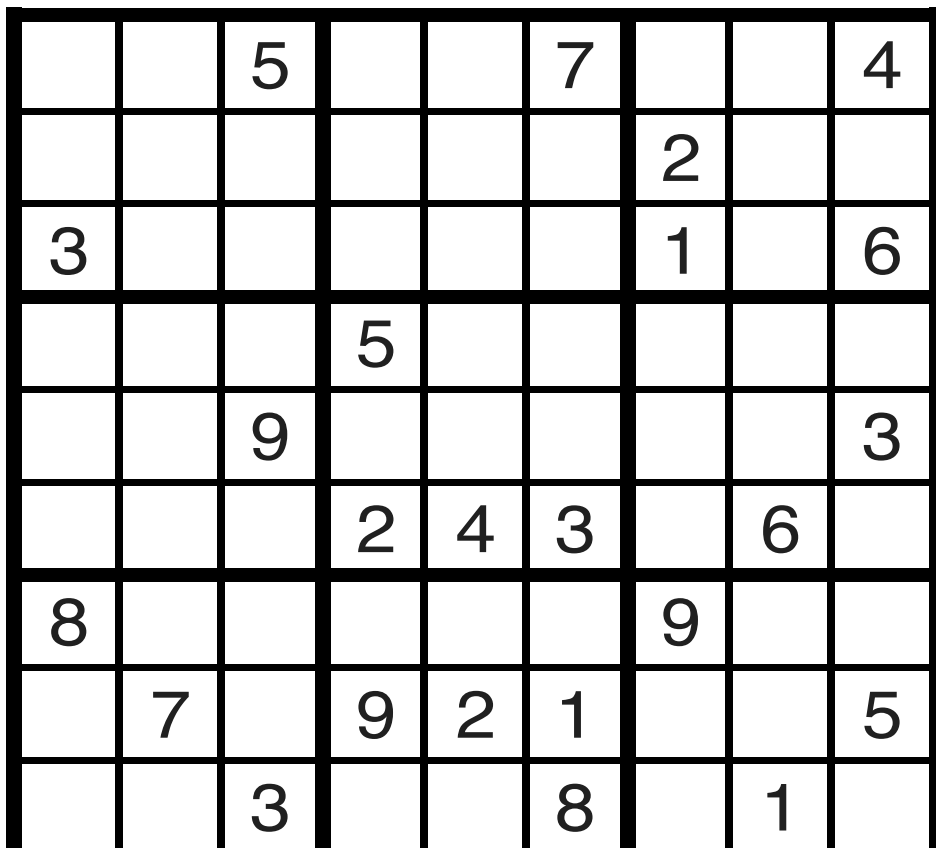
## TASTY SALAD WORD SEARCH

C T Y C I E M D A N A N F R D D I E T Y  
 O D A L A S E D L H M R E L L R G D T T  
 L F A N R O R R T I O F I O C I N V M Y  
 I B D M A E G O C C R A E T U E F M C P  
 V L S G S V P R P E N V N H V U L B P V  
 E Y Y S D P O F S N Y R A D I S H E S C  
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 S N C N T I I N R N V C S L L C T V U Y  
 G O G O G N D R A E O P Y Y Y O E T A Y  
 E F N D G E N N H C I I A C M G C B O N  
 V S H U S G U E A C H F N A D N G N C D  
 B E Y S V Y I R R B S C T O C A R A M S  
 M V O N A U O L O C U O Y B I B E R S M  
 S T F O A M C H G F E H B L A H B M R R  
 N H U F A A O E S S M U V R M O E T S L  
 E N U I E T R P R P T M D T U B C T T R  
 E V N S S S V L L T M N F I M N I G E D  
 R E A C E H L I E L F D B Y D A A U E I  
 G R D N I D C R U N C H Y M E E D C B P  
 A L V N Y P H C D G A R N I S H L U E H

### WORDS

- BAR
- BEETS
- BUTTER
- CAESAR
- CELERY
- CHEESE
- CROUTONS
- CRUNCHY
- DIET
- DRESSING
- GARNISH
- GREENS
- ICEBERG
- OLIVES
- ONIONS
- RADISHES
- REFRESHING
- ROMAINE
- SALAD
- SPINACH
- TOMATOES
- TOPPING
- TOSSED

Find the words hidden vertically, horizontally, diagonally, and backwards.





RAY CONNER

Rodney Torres A-Z Founder and Ray Conner of the KRV Chapter of the A-Z Foundation Group presenting a check for \$20,000 to Honor Flight at the Veteran's Breakfast in Bakersfield on May 2.

# Water district residents and businesses pay bond down

CATHERINE STACHOWIAK

Local business owner, Steve Spradlin told the Kern Valley Sun, Tuesday April 30, that the Lake Isabella Community Service District had recently paid off a 25-year bond with the State Water Resources Department for the water project at Lake Isabella. After making payments for 25 years, the bond was paid off, and according to Spradlin, the residents and businesses in the Community Service District of Lake Isabella are no longer obligated to the state for the \$50,000 a year payments. "They've been paying a sir charge on their water bill every month. For commercial it's \$25 a month. And for residential it's about \$12.50 per month," said Spradlin. Spradlin explained the history behind the bond sought in the process. He said, "Back in the early 90s the whole business district of Lake Isabella was under a build-

ing moratorium by the Kern County Building Department or done by the Kern County Health Department because the water was not potable. So the whole area was restricted from new building permits or new health permits. And at that time I happened to be president of the Lake Isabella Mutual Water Company. And at that time supervisor Roy Ashburn asked me if I would spearhead an effort to get that area back into a clean water and off of the moratorium. "So we worked out an agreement with Erskine Creek Water to send water from Erskine Creek up to the northern end of the boulevard, where the service district was. And we arranged for a bond issue with the State Water Resources for \$1.2 million to do a pipeline up the boulevard, from Erskine Creek, to where the district was. And if we would do that they would grant \$400,000 of that, as a grant from the state, and we would only be liable

for 800,000 on the loan. And so we made that agreement with them, and did the water project, which constituted a 12-inch pipeline running up the boulevard to Turner Street where our water tank was situated. And we started paying for it, with sir charges on water uses, in the district. And lo and behold, after 25- years plus, we have the \$800,000 loan paid off." Spradlin wanted the public to know because the project, back in the 1990s enabled the moratorium on building and health permits to be lifted allowing for business in Lake Isabella to grow. "You always hear about sir charges, and you never see or hear of one paid off that they dropped the sir charges; and here's one where the loan was actually paid off, and the sir charge would actually be dropped," Spradlin said. "It'd be a little financial help for some of the residents there. That's paid off and clear."

# Board discusses hospital's seismic upgrade plans

CATHERINE STACHOWIAK

Kern Valley Hospital officials have been attempting to keep up with the demands from the State of California seismic update mandates, placed upon hospitals.

At the Kern Valley Healthcare District's (KVHD's) Building and Planning Committee and Special Meeting of the KVHD board of directors April 23, the board held a discussion with the Plant Operations Manager, Bob Easterday about the hospital's plans.

In his announcement to the KVHD board Easterday said, "Our plans are approved. We have a project that is buildable per the State of California. They have deemed that, with the nine phases we can seismically upgrade this hospital, and keep it in operation during that time. So they have completely agreed with our phasing."

The hospital has twelve months to request a building permit or possibly an extension in the event one is necessary.

Phase two, now that the hospital has finished that phase of the planning, is attaining money. "As you know we've been working on the FEMA grant," Easterday said.

Things are progressing toward an award, though a FEMA grant has not been awarded yet.

There were corrections Easterday made on the narratives so everything matched up properly, regarding the finances listed, which the hospital needs for the project. Easterday told the board he was very careful about itemizing the details.

Board member Gene Parks asked Easterday about how authorities would determine the finances when awarding

such a FEMA grant.

Easterday said the project ought to cost approximately \$26 million, plus, in construction costs, with other additional costs, which he listed. So the total amount he requested for the Brick Funding project was \$32 million and some change. Easterday told the board that the way Brick Funding works is, the hospital would pay one-third the cost, and the rest would be granted. Once the project goes out for bid and starts, each month there would be a payout from the general contractor, the hospital would pay. Unless the project was within the amount the hospital expected, the project could not move forward. During all phases the hospital would have to remain ADA compliant.

"We still have some hurdles. We still have to get the FEMA grant. I'm relatively optimistic we're going to get the FEMA grant." Easterday said.

Easterday was ready to go out to bid if the board wanted to. However the board could wait for the FEMA grant to be confirmed if they wanted to do so. One pro of going out to bid earlier, before confirmation of the bid, was the possibility of beating potential rate hikes. "We can't put a shovel in the dirt until we have FEMA money," said Easterday.

There was no way to predict whether construction costs could taper off.

Parks asked what the costs were, if they awarded a bid, but didn't get the FEMA grant. Easterday said every company bids projects, knowing they could lose the project, in the end. Parks asked if the grant would cover past work because the hospital did a lot of electrical work. Easterday said that previous items, though they were need-

ed, would not be covered by the granting because KVHD had the architect they hired remove, from the plan, the item Parks was referring to.

Board member Ross Elliott said that if they opened a bid with a cap on it, and the contractors did not respond, then the board would know that the board underestimated the costs. Elliott said if they put it out a second time to bid, with no cap, and it came in higher than Easterday expected, then the board would be able to tell the cost of each phase of the project.

Board member John Blythe said he agreed with Elliott's point about capping the cost initially. Board chairperson Kathryn Elconin was also concerned about rates getting higher if the KVHD waited to go out to bid on the project. Parks mentioned the upcoming election could impact the project either way.

After much discussion the directors confirmed they all preferred to wait for FEMA grant approval before actually accepting any bid.

Easterday said the spin-off of this was how soon they wanted to be ready to move into the new administration building. It would take a couple weeks to prepare the new locations. That day they started some drywall work; they were working on getting the phone lines in.

The board was considering other options for using facilities differently in the event the grant and project could not proceed at the cost and funding the hospital board expected.

Easterday recommended that if they didn't get the funding the hospital needed for the project, the board could consider beginning by doing the first phase of the project, rather than all the phases of the entire project.



## National Day of Prayer Breakfast

CHRISTINA DENYS



The Kern River Valley National Day of Prayer was celebrated at the Christian Assembly, Association of God Church. Located at 12151 Highway 178, Mountain Mesa on Thursday May 2nd. At 10am. Under a The Tent this event was well attended. Following the service a delicious breakfast was served with all sorts of food fixings and Hot and cold drinks were served as well.




## Eagle Mountain Casino Bus Trip

# SIGN UP NOW!!!

**Thursday, May 16, 2024**  
Depart Senior Center @ 7:30 AM – Return @ 5:30 PM  
Bus can accommodate 2 participants with wheelchairs

Cost: SCI Member -- \$35.00  
(\$40.00 if we don't fill the bus to 44 passengers)

Non SCI Member -- \$50.00  
(The \$50.00 fee covers the cost of the trip plus annual SCI membership.)

**To Reserve Or Reconfirm Your Spot**  
Call (760) 379-1428 or stop by/pay at our office in the Senior Center at 6405 Lake Isabella Blvd.  
Reservations **ONLY** guaranteed with payment - **NO REFUNDS** after May 10, 2024





## Household Hazardous Waste Collection Event

# KERN VALLEY

## Senior Lunch Special

At the Senior Center • 6409 Lake Isabella Blvd. • 760-379-5831

**Lunch Served at 11:30 a.m & 12 p.m.**  
Please call 760-379-5831 for reservations 24 hours in advance.

<p><b>May 8</b> Tuna Salad Wrap</p> <ul style="list-style-type: none"> <li>• Garden Pasta Salad</li> <li>• Cantaloupe</li> <li>• Juice</li> <li>• Milk</li> </ul>	<p><b>May 9</b> Catalina Chicken</p> <ul style="list-style-type: none"> <li>• Broccoli**</li> <li>• Garden Salad</li> <li>• Mandarin Oranges w/ Pineapple</li> <li>• Hawaiian</li> <li>• Roll</li> <li>• Milk</li> </ul>	<p><b>May 10</b> Ham w/ Pineapple Glaze</p> <ul style="list-style-type: none"> <li>• Mashed Potatoes</li> <li>• Steamed Cabbage</li> <li>• Cranberry Salad</li> <li>• Wheat Roll</li> <li>• Milk</li> <li>• Juice</li> </ul>
<p><b>May 13</b> Beef Macaroni</p> <ul style="list-style-type: none"> <li>• Brussel Sprouts</li> <li>• Apple</li> <li>• Garlic Bread</li> <li>• Juice</li> <li>• Milk</li> </ul>	<p><b>May 14</b> Turkey &amp; Rice Casserole</p> <ul style="list-style-type: none"> <li>• Zucchini</li> <li>• Green Salad</li> <li>• Mixed Fruit</li> <li>• Wheat Roll</li> <li>• Milk</li> </ul>	<p><b>May 15</b> Cranberry Orange Chicken</p> <ul style="list-style-type: none"> <li>• Peas</li> <li>• Brown Rice</li> <li>• Fruit Yogurt</li> <li>• Sourdough Roll</li> <li>• Milk</li> <li>• Juice</li> </ul>

\*\* Items are a rich source of Vitamin A

Seniors \$3 • Non-Seniors \$6

**SATURDAY, MAY 18, 2024**

**6092 WULSTEIN AVENUE**

**9 AM - 1 PM**

**Accepted Materials**

Batteries | Motor Oil | Paints | Light Bulbs | Sharps | Pool Chemicals | Automotive Products | Cleaning Products & More!

THIS IS A FREE EVENT  **TOO TOXIC TO TRASH!**

**RULES TO FOLLOW**

- Label All Containers
- No Leaking Containers
- Do Not Mix Wastes
- Transport no more than 15 gallons or 125 lbs of waste per trip

Business Waste **NOT** Accepted  
\*Collection event may be cancelled due to weather conditions\*



\*SCAN ME\*  
For more information about Residential Hazardous Waste

kernpublicworks.com
KernCountyPublicWorks











**Drive Up & Drop Off**

- Drive up to the collection area, put your vehicle in park and turn off the engine
- Remain seated in your vehicle
- Attendant(s) will remove the household hazardous waste from your trunk or back seat
- Drive off





# Kern Valley teams ready for CIF

RAY CONNER

With the end of their regular season at hand, the Kern Valley High School teams are preparing to make their run at CIF.

The Kern Valley track teams, both the girls and boy's squads, after preparing for this the whole

year are ready to make a showing at the CIF Division 5 Championships being held at Caruthers High School on Friday. These teams are coming off the HDL Finals and will hopefully begin to make their path to the State Meet. Four athletes on the Lady Broncs squad won HDL Championships. Six Broncs earned individual league champions, while one other athlete was part of a winning relay team.

The collection of athletes from Kern Valley that will compete at the CIF championships has proven all year they can compete with

anybody. All year this group of athletes have pushed themselves and each other to be better than they were the meet before. The Lady Broncs track team had four athletes earn HDL league champion status in the HDL Finals held this past week (see related story). A total of seven from Kern Valley's boys track team earned hardware at the HDL Finals (see related story).

With one week left in their season, both the Lady Broncs softball team and the Broncs baseball squad are in position to earn high seeds in the upcoming CIF

playoffs.

The Lady Broncs are hoping to win a league title and being favored highly when the seeding for the CIF tournament comes out. Currently the Lady Broncs softball team are sitting at 11-1 in league play. They played Rosamond on Tuesday and then possibly a league showdown game versus Cal City on Thursday. If the two teams remain tied heading into Friday's contest the winner will win the HDL Title. Then it will be on to the CIF Playoffs and a chance to collect a CIF Championship.

The Broncs are currently tied for second place in the HDL with Cal City at 9-3. The Ravens of Cal City currently hold the tie-breaker as they beat the Broncs earlier in the season. If things pan out and the two teams are tied after games played on Tuesday, another Cal City showdown will take place on May 9, to decide second place in the HDL. The game will be played on the Ravens home field. After that, Kern Valley will hope to begin a successful run through the CIF playoffs.



## TRACK

Isabella True Value  
6050 Lake Isabella Blvd., Lake Isabella • 760-379-4250

# Lady Broncs squad run away with HDL Finals

## Jayda Bushling, Aspen Hacker earn multiple league championships

RAY CONNER

Kern Valley's girls track team claimed the HDL finals by dominating their opponents.

The Lady Broncs won 10 league championships and as a team earned 176.5 points. The closest opponent was Mammoth with 85.5 points. Cal City came in with 55, Desert and Rosamond both finished with 50, Bishop scored 47.5, and Boron held up the rest of the league with 12.5 points. In the meet, Kern Valley saw nine PR's recorded.

The HDL Finals were held at Foothill High School on May 2. Kern Valley had two athletes crowned as multiple champions. The Lady Broncs as they have been all

season were led by Aspen Hacker and Jayda Bushling. Both of these ladies each won four events. Marissa Tate and Jessie Bunting joined their teammates as league champions in their individual events.

Aspen Hacker was the league champion in the 400m (1:04.63), the 800m (2:28.37), the 1600m (5:10.92), and the 3200m (13:12.55). Bushling won two running events and followed that up by winning two jumping events. She was the HDL champ in the 100m (12.98), the 200m (27.05), the long jump (15' 2"), and the triple jump (32' 4"). Tate came in first in the discus (80' 7") which was a PR. Bunting won the high jump (4' 8").

Four other Kern Valley

athletes were runners up to the league champion. Scarlett Weber and Kyla Hacker each finished second in a pair of events. Mitra Kiosef and Emily Blankenship each came in second in one event. K. Hacker was second in the 800m (2:43.78) and the 1600m (5:39.55). Weber set PR's in two of her events. She was the runner up in the 200m and came in second in the triple jump (29' 3.5"). M. Kiosef came in second in the 300m hurdles (54.95 PR), while Emily Blankenship was second in the high jump (4' 6" PR).

Finishing up the scoring for the Lady Broncs were M. Kiosef and Ashley Denys. These ladies scored points by coming in third-place. M. Kiosef finished third in the 100m hurdles

(20.64). Ashley Denys came in third in the shot put (24' 2").

Fourth-place finishers included, Weber, Bunting, Mikaela Richey, Madelyn Beaton, and both relay teams. The 4x 100 team consisted of Manwell, Escoto, Beaton, Blankenship, and Weber. They finished the race in a time of 55.09. In the 4x 400 relay, the team of Denys, Escoto, Blankenship, and Manwell ran a time of 5:17.87. Weber finished fourth in the 100m (13.50) which was a PR. Bunting crossed the line fourth in the 100m hurdles (20.77). This

was a PR for her. Richey was fourth in the discus (62' 10" PR), while Beaton finished fourth in the high jump (4' 2").

Ella Mauer was the lone fifth-place finisher for the Lady Broncs. She ran the 300m hurdles in a time of 1:05.53. Coming in sixth-place for Kern Valley was K. Hacker-400m (1:10.39), Mauer-100m hurdles (21.34), and Richey-shot put (21' 11.5"). Denys was seventh in the 200m (31.14), while Blankenship was eighth in the 400m (1:10.61). Tate ran the 300m hurdles in a time of 1:21.81

PR for ninth place. Denys came in 13th in the 100m (14.91).

Head coach Brent Mixon said, "We had a great day with several young ladies taking home the title of league champion. Ad to it, our girls came together one last time to win the HDL Finals as a team. The next stop is Division 4 Championships which will take place on Friday at Caruthers High School. (The Lady Broncs) found out Monday afternoon to see how members of our team will continue to the next level."

# Seven Broncs crowned league champs

RAY CONNER

The Kern Valley boys track team continued their winning ways at the HDL Finals.

They would finish in first place as a team with 129 points. They outlasted Bishop who placed second with 118 points.

Six individual Broncs and one athlete that was part of the 4x 100 relay team took home the first-place medals at the finals. Note: the other three runners in the relay won individual events. Two athletes finished as runner ups, while two others completed the scoring for the Broncs by taking third in events.

The winning 4x 100 relay team consisted of Kyle Denys, Daniel Hinkey, Tristam Beckham, and Jack Montgomery. They ran the race in a time of 45.99 to come across the finish line in first place.

Including the relay win, Baden Mota, Hinkey and Denys were three-time champions in league. Mota won the 1600m (4:56.93) and he would also win the 400m (53.73) Both of these marks were PR's. Denys, another relay winner, finished first in the 200m (24.28). This time was a PR. He also collected a season record in the long jump (19' 6.5") to win that event. Hinkey, another realia winner finished first in the 110m hurdles (18.79) and also won the 300m (47.06). Montgomery was a two-time HDL champion as he was part of the relay team. He leaped his way to a first-place finish in the high jump (5' 6"). He would tie with the second-place finisher, but was declared the winner with less attempts to reach the mark.

Ed Bunting and Jackson Weghorst were also part of the HDL champions for the Broncs. Bunting threw the shot put 38' 4" to claim the

league championship. This was also a PR for Bunting. Weghorst jumped his way into the winner's circle with his own PR. He was first in the triple jump by leaping 36' 8".

Denys and Weghorst were just off the mark as they would take second in events. Denys was runner up in the 100m (12.07), while Weghorst was second in the high jump (5' 6"). Bunting and Colin Clark each collected third-place spots for Kern Valley. Bunting was third in the discus (81' 7.5"), while Clark was third in the 110m hurdles (20.91).

With the scoring places in the books, other finishers for Kern Valley were Beckham who took a pair of sixth-place spots. He would take sixth in the 100m (12.37) and the 200m (25.22). Brian Webster came in sixth-place, as he threw the discus 76' 6". Jonas Bordner was seventh in the shot put (30' 2"), while Christopher Richey finished ninth in the discus (70' 9"). Webster was 10th in the 200m (26.68), while he took 11th in the 100m (12.53). Michael Porter heaved the shot put 28' 7" which was good for 11th place. Aiden Rapp was 14th in the long jump (9' 8") to complete the Broncs athletes' competition on the day.

Head coach Sabine Mixon said, "The Kern Valley team had a good showing, bringing home champion medals in 10 events. I know I said it before, but I couldn't be prouder of these young men. Five athletes set seven personal records during this meet. Here we are at the end of the season and they continue to strive to better themselves. It has been a great season. We are really going to miss our amazing seniors, but several still have a chance to compete at the Division 4 level."

She would go on to say, "The Broncs (would) find out on Monday which ath-

letes will be moving on to the CIF Division 4 Championships held in Caruthers on Friday."

Whichever athletes continue on this season, the whole Broncs team can be proud of their efforts.



SUBMITTED PHOTO

Nine of the 11 athletes from Kern Valley that earned league champion status at the HDL Finals. (L-R) Aspen Hacker, Jayda Bushling, Jessie Bunting, Ed Bunting, Jack Montgomery, Kyle Denys, Tristam Beckham, Daniel Hinkey, and Baden Mota. Missing from photo were Jackson Weghorst and Marissa Tate

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\*2 gift certificates will be given away. Drawing will be held May 16, 2024 and winners contacted that day. Announcements will also be made on KV Sun website that day and in the following week's paper.

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## Kern Valley crushes Scorpions in HDL action

RAY CONNER

The Broncos varsity baseball team kept rolling as they try and keep their second-place hopes in league. Kern Valley playing at home dominated as they took the 10-0 win in five innings. They would score all the runs they needed in the bottom of the second. The Scorpions committed an error that allowed the first run of the game to score. Another run came around to score and it was 2-0 at the end of two innings. In the fourth, the Broncos opened the game up as they

tallied six runs. Kern Valley sent 10 batters to the plate in the inning. They only had two hits in the inning, but took advantage of six field errors by Desert. In the inning two Kern Valley players set milestones for their varsity career. Jordan Mead collected his 50th hit and 50th RBI for the Broncos. Carson Strange also got his milestone as he was credited with his 50th hit for the Broncos. Kern Valley would finish the scoring in the fifth as they plated two more runs and win the run-rule game. Wargo (6-4) on the bump, earned his sixth win of the

year. He pitched all five innings allowing one hit. He walked four batters, but none reach passed third base. Wargo set down 11 Scorpions on strikes. Kern Valley saw eight batters get one hit each for the game. Only one, a double went for extra-bases. Wargo had the double. He would also be credited with a pair of RBIs. Mead on his 50th hit plated two runs, including the 50th RBI. Strange duplicated that with his 50th hit as he knocked in two runs. Cameron Thomas, Blake Baughman, and Ethan Stockwell each had one hit and one RBI in the contest.

Chris Lopez and Aiden Madden rounded out the hitting for Kern Valley with one apiece. Three days later, the Broncos traveled to Frazier Mountain. This game was over early and had to be played out for five innings. A 10-run second inning propelled Kern Valley as they sent 14 batters to the plate. Nine hits and a walk pushed the Broncos scoring barrage in the inning. Seth Stockwell set a milestone in the inning as he drove in his 50th run in his varsity career. Kern Valley added seven in the fourth and scored four times in the fifth to complete the

dominating 21-1 victory. S. Stockwell (9-1) was the winning pitcher. He tossed four innings of work allowing one hit. He walked two and struck out 10 in giving up one run. Madden in relief pitched one inning allowing no hits. He struck out the three batters he faced. With plenty of offense, the Broncos were led by Madden with three hits and three RBIs. Mead contributed a pair of hits, including a triple. He recorded four RBIs in the game. S. Stockwell had two hits, including a pair of doubles. He plated three runs. Wargo helped out with two hits, including

a double and knocked in three runs. E. Stockwell had two hits and two RBIs, while Lopez delivered a pair of hits. Strange and Zane Carver recorded one RBI and one hit for the Broncos, while Thomas finished off the offense with one hit. With only two games left in the regular season, the Broncos played Rosamond on Tuesday and are hoping a second-place showdown with Cal City is on tap for Thursday. Both of these games are on the road.

## Lady Broncos hold on to beat Desert

RAY CONNER

Kern Valley's varsity softball team thought they were comfortably ahead when they faced the Lady Scorpions. They would cling to a 7-6 win when the dust had settled. Playing on their home field, the Lady Broncos started strong as they scored four times in the bottom of the first. They added one run in the second to go up 5-0. It was 6-0 as the teams finished five full innings. Desert got on the board in the top of the sixth to make it 6-1. Kern Valley responded with one run in their half of the sixth. To put the score at 7-1. Things fell apart in the top of the seventh as the Lady Scorpions rallied to try and complete the comeback.

Desert collected three hits, and took advantage of fielding miscues by Kern Valley. They Lady Broncos were credited with three errors in the inning. With the tying run on first and two outs, a pop up to second was secured and the rally had failed, giving the victory to Kern Valley. As a team, the Lady Broncos had nine hits, including one for an extra base. They would be issued five free passes in the game. Ava Rementegui led the way with a pair of hits. She would record one RBI. Hailee Kopperman smacked the double for her only hit, while Brooklynn Robertson and Kayley Sietsma each had one hit. Ava Bates was walked three times and



Submitted photo: The Kern Valley junior softball team gathers after winning a double-header on Saturday.

scored twice. Recording RBIs for the Lady Broncos were Ava Elliot, Audrey Martinez, and Elli Jeans. Martinez started in the circle and pitched a complete game. She tossed seven innings, allowing the five runs, only four were earned.

She scattered eight hits, while walking just two. She struck out nine in picking up the victory. Three days later a trip to Frazier Mountain was on the schedule for the Lady Broncos. They took the early lead by scoring 10 runs in

their first three at bats. They would keep their HDL hopes alive with the 17-6 win. The Lady Broncos were ahead 10-0, when the Lady Falcons cut into the lead as they tallied twice. They got back into the game as they followed that with four runs to make the margin 10-6. Kern Valley took back control in the fifth and sixth as they collected seven runs to put the game out of reach. The Lady Broncos collected 11 hits as a team, including three that were for extra-bases. Combined with eight walks, Kern Valley had plenty of base runners to score the 17 runs. Robertson was the leading hitter as she collected two doubles and an RBI. Kayley Sietsma had

two hits and knocked in two runs, while Bates had two hits, including a double. She would plate one run. Leenah Trotter and Samantha Wylie each contributed two hits and an RBI, while Cassidy Sietsma finished off the hit parade with one. Wylie started and went the first three innings. She left with the 10-2 lead. Elliot came in to relieve and was credited with one inning of work. She allowed four runs, all earned. She gave up on one hit, while walking five. She struck out two batters. Wylie came back to finish off the game. She totaled five innings allowing two runs on three hits. She walked three and struck out eight. Kern Valley now stands at 11-1 in the HDL. They played Rosamond on Tuesday and will hope to travel to Cal City on Thursday to play for the league title.



# LITTLE LEAGUE

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## Junior Little League softball squad dominates in victories

RAY CONNER

The Kern Valley Junior Little League softball squad took on Edwards in a double header on Saturday. They would sweep both games at home in dominating fashion. Game one saw Kern Valley win 23-0 and they followed that with a 28-0 victory in game two. Kern Valley as a team delivered 18 hits in game one. They had six that went for extra bases. I their first at bats, Kern Valley scored eight runs to jump out in front. They would never look back. They added six in the second and finished it of with nine in the third inning. In the circle the Kern Valley pitchers limited

Edwards to just three hits. They allowed just two walks and struck out seven. Jade Montes and Teagan Liske combined to shout out Edwards. Leading the way on offense were Montes and Kenadie Young. They each had three hits, including a triple and a double. These players would come around to score three runs apiece. Gabby Eastes, Emmy Bechtel, and Kiera Hayes each had a pair of hits. One of Hayes' hits was a two-bagger. Bobbie Pruitt smacked a double for her lone hit, while Josie Wilder had one hit and scored three runs. Amber McAhren, Ashley Plante, and Bella Goffinet contributed one hit apiece. Liske scored three runs, while Brenna

Elliot crossed the plate once. Game two was much the same as Kern Valley continued the hit parade in this contest. They would collect 17 hits, that included four for extra-bases. The pitching was overpowering as Kern Valley pitchers allowed just one hit. They walked only two and struck out three. Leading the way in hitting was McAhren with three hits, including a triple. She would score all three times she batted. Montes and Hayes each had a pair of hits, including one that went for two bases. Eastes, Bechtel, Young, and Wilder each delivered two hits in the game. Elliot banded out a double for her lone hit, while Liske and Plante were credited with one hit apiece.

## Cardinals tally 20 to beat Brewers

RAY CONNER

The Cardinals of the Major Baseball division of Little League circled the bases plenty of times to collect the win. The Cardinals banded out 16 hits as a team. Seven players on the team delivered hits in the 20-4 victory. Jackson Phillips led the team with three hits, including a triple and a double. He would record four RBIs. Alexander Arana with three hits drove home four runs, while Chasen Alvarez collected three hits, including a pair of doubles and plated three runs. Zayden Henderson also had three hits and knocked in one run. Wyatt Wilkens had two hits, including a two-bagger to



Submitted photo: Briggs Griswold of the Brewers delivers the pitch in a Major Baseball game.

allowed one hit, and struck out three. Luke Zurn pitched one inning giving up three walks, two hits, and had one strike out. Phillips threw one inning allowing one hit and set down one batter on strikes. The Brewers were limited to four hits in the contest. Knox Muncy had two that included a triple and a double. He recorded one RBI. Xander Anzaldo hit a triple that plated, while Bryson Helferty smacked a double. Ward Hafenfeld on the mound for the Brewers, walked two and allowed five hits. Briggs Griswold gave up four hits and three walks, while striking out one. Abel Avila allowed three hits and walked three, Jaxin Chapman gave up four hits and walked a pair of batters.

## GAME SOLUTIONS

- SOLUTIONS ACROSS**  
 1. ALARM  
 6. BED  
 9. RABI  
 13. SALAD  
 14. MALI  
 15. EBON  
 16. PTAS  
 17. SOAKS  
 18. MINA  
 19. SERENADES  
 21. SABER  
 22. SIRED  
 23. DAR

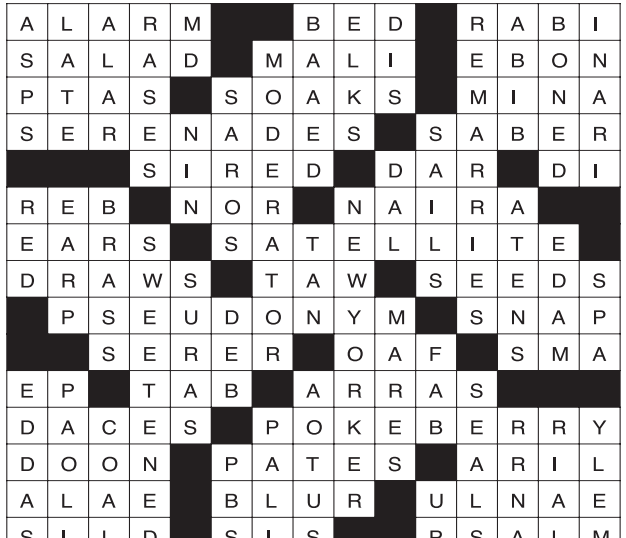
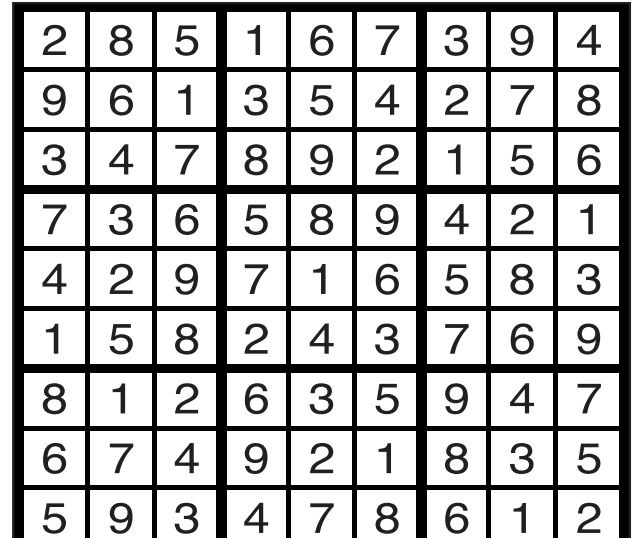
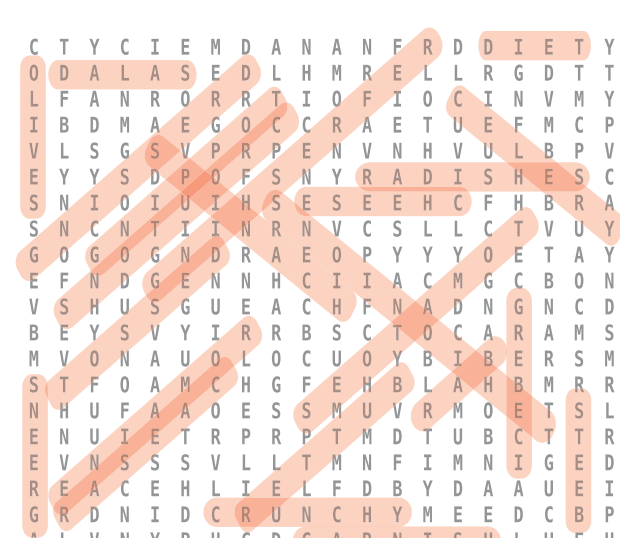
- 24. DI**  
**25. REB**  
**28. NOR**  
**29. NAIRA**  
**31. EARS**  
**33. SATELLITE**  
**36. DRAWS**  
**38. TAW**  
**39. SEEDS**  
**41. PSEUDONYM**  
**44. SNAP**  
**45. SERER**  
**46. OAF**  
**48. SMA**

- 49. EP**  
**51. TAB**  
**52. ARRAS**  
**54. DACES**  
**56. POKEBERRY**  
**60. DOON**  
**61. PATES**  
**62. ARIL**  
**63. ALAE**  
**64. BLUR**  
**65. ULNAE**  
**66. SILD**  
**67. SIS**  
**68. PSALM**

- SOLUTIONS DOWN**  
 1. ASPS  
 2. LATE  
 3. ALAR  
 4. RASES  
 5. MD  
 6. BAAED  
 7. ELKS  
 8. DIS  
 9. REMARRIES  
 10. ABIB  
 11. BONED  
 12. INARI  
 14. MODERATOR

- 17. SAROS**  
**20. NIN**  
**21. SAILS**  
**23. DAL**  
**25. RED**  
**26. EARP**  
**27. BRASS**  
**29. NEW YORKER**  
**30. ATENS**  
**32. SWEETENED**  
**34. TAN**  
**35. EDAM**  
**37. SURAS**  
**40. SPA**

- 42. DEB**  
**43. MARES**  
**47. FAB**  
**49. EDDAS**  
**50. PAOLI**  
**52. AOTUS**  
**53. SEALS**  
**55. COAL**  
**56. PALI**  
**57. RRNA**  
**58. RIAL**  
**59. YLEM**  
**61. PBS**  
**65. UP**



# NATIONAL NURSES WEEK

MAY 6-12

## Hospice nurses provide care during some of life's toughest moments

METRO CREATIVE

Coping with terminal illness can be challenging, even for those people with immense support systems behind them. At some point in one's care plan, it may be recommended to transition from actively treating or trying to cure a condition to making the person more comfortable. This is when hospice steps in.

Generally speaking, hospice is reserved for people who expect to die from an illness within the next six months. Hospice care can take place in a health care setting or in a person's private home. Hospice nurses are vital parts of a hospice care team. These people care for those who have opted for hospice at the ends of their

lives and fulfill the hospice philosophy of comfort and quality based on each person's unique needs.

According to Samaritan Life-Enhancing Care, a hospice nurse serves many purposes. A hospice nurse discusses and explains the patient's prognosis, and performs assessments and reviews medical histories. The nurse will administer medication for pain and monitor conditions and additional needs. Hospice nurses work to support the family and advocate for care according to the patient's wishes. They also can answer questions and address concerns, serving as sounding boards in difficult situations. Hospice nurses also provide emotional support and can facilitate spiritual support. Nurses also may be present at the time of death if asked. Hospice nurses also may help coordinate counseling for surviving

family members who are experiencing grief.

Hospice nurses may be classified as intake admissions, case managers, visit nurses, and triage nurses. One or more hospice nurses will be involved with patient care over the course of treatment.

Most hospice care providers are Certified Hospice and Palliative Nursing Assistants or Certified Hospice and Palliative Licensed Nurses. It is important for people considering hospice care nursing to determine the certification and coursework necessary for a career in the field. Families seeking hospice care needs should work with certified individuals.

It takes a compassionate person to work in hospice care. These invaluable individuals step in to offer assistance during trying times for individuals and their families.



METRO CREATIVE

## The various educational paths to follow in pursuit of various careers in nursing

METRO CREATIVE

The field of nursing is vast. While providing medical assistance and support to patients is at the heart of any nursing career, the road to becoming a nurse varies.

There are many pathways to becoming a nurse, and each requires a specific amount of education, training and testing. Here's a deep dive into the various professional degrees associated with nursing, courtesy of NurseJournal.org and Nurse.org.

### CERTIFIED NURSING ASSISTANT

A certified nursing assistant is how many people first enter the field of nursing. CNAs are not nurses, but they help nurses provide medical care. Becoming a CNA requires completion of a program that can

last 12 weeks, a CNA certification exam and state (provincial) licensing.

### LICENSED VOCATIONAL OR PRACTICAL NURSE

To become an LVN or LPN, individuals must finish a one-year program to receive a diploma, and pass the NCLEX-PN licensing exam. State or provincial licensing also is required.

### REGISTERED NURSE

Prospective registered nurses can take two different paths. They can opt to get an associate's degree in nursing (ADN), which involves a two- to three-year program. After completion of that program, candidates must pass the NCLEX-RN exam. Aspiring RNs also can pursue four-year degrees and earn a bachelor's of science in nursing (BSN). They must then

pass the NCLEX-RN exam. Those enrolled in associate's or bachelor's programs can expect to take an array of classes, some of which may include Nursing Care for Elder Adults and Mental and Behavioral Health Nursing.

There is evidence that patient outcomes may be improved under the care of BSN-prepared nurses, according to the American Association of Colleges and Nurses. As a result, many hospitals prefer BSN-prepared applicants. Those with a BSN also may be able to advance to leadership and administrative roles more easily.

### ADVANCED PRACTICE REGISTERED NURSE

Prospective APRNs will need a master's of science in nursing to pursue this career path. This involves a post-graduate

program that will require in-person clinical hours and a passing grade in a certification exam in the area of specialization. Others go further to obtain a doctorate of nursing practice degree, which is a bit more involved. APRNs can enjoy careers as Nurse Practitioners, Clinical Nurse Leaders, Clinical Nurse Specialists, Certified Registered Nurse Anesthetists, or Certified Nurse Midwives, with salaries averaging around \$115,000. Those with MSN or DNP degrees also may take non-clinical routes, becoming administrators, informaticists, educators, or researchers.

Individuals thinking about nursing careers can do their research to learn which level of schooling best aligns with their interests. More information is available at Nurse.org.



We appreciate all of the nurses that our residents and staff come into contact with, from hospice nurses, to those at our local doctor's offices and more. You go above and beyond to make our patients comfortable, and your hard work does not go unnoticed. Because of you, our residents live a happier and healthier life! Any nurses are invited to join us for our weekly karaoke, we will save a song for you!



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To all the nurses who provide care to those in need at Kern River Valley, THANK YOU for all that you do. HAPPY NURSES WEEK!



Divinity Hospice Nurses at Lake Isabella (Left to Right): Arbi Masihi (Family Nurse Practitioner), Benjamin Torres (Licensed Vocational Nurse), Debbie Wood (Registered Nurse), Renae Chapa (Registered Nurse).

Left to Right: Benjamin Torres, LVN; Arbi Masihi, FNP-C; Dr Robert Gross, DO (KVHD Internal Medicine & KVHD Skilled Nursing Medical Director); Sally Markman, RN, BSN (KVHD -Skilled Nursing Director of Nursing); Renae Chapa, RN.

We also want to thank the medical staff at Kern Valley Healthcare District for their collaboration with Divinity Hospice in providing excellent end of life care.

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# NATIONAL NURSES WEEK

MAY 6 - 12

## Nurses serve in a variety of roles

METRO CREATIVE

Nurses are invaluable professionals within the medical community. Whether they work in hospital settings, nursing homes, assisted living facilities, doctor's offices, or elsewhere, nurses provide vital services to individuals in need every day.

Nurses wear many hats, and that's evidenced by the different types of nurses making a difference each day. Individuals considering a career in nursing should know that talented nurses are in high demand and career opportunities in the field are expected to grow in the years to come. For example, the U.S. Bureau of Labor Statistics estimates that employment of registered nurses will grow by 6 percent between 2022 and 2032. That growth rate exceeds the average expected rate for all occupations. Whether individuals want to become a nurse or gain a greater understanding of the many ways nurses contribute each day, this rundown of the various types of nurses can shed light on these unsung heroes of the medical community.

• Pediatric nurse: Pediatric nurses make a strong impression because they are the



METRO CREATIVE

first nursing professionals many people recall interacting with, and those interactions may last from early childhood through adolescence. Pediatric nurses perform a range of tasks, including the administration of medication; monitoring of vitals like temperature, pulse and blood pressure; health evaluations to identify symptoms; and even speak with parents to calm any nerves or anxieties they may have. Pediatric nurses typically work in doctor's offices or hospital settings.

• Geriatric nurse: Geriatric nurses figure to be in especially high demand in the coming years, as an analysis from the Bipartisan Policy Center indicates more than four million individuals in the United States will turn 65 in 2024. AARP has characterized that surge in the over-65 population as a "silver tsunami," and geriatric nurses will play pivotal roles in ensuring the aging population gets the care it needs in the decades to come.

• Family nurse practitioner: The Amer-

ican Association of Nurse Practitioners® notes family nurse practitioners (FNPs) provide a wide range of family-focused health care services to patients of all ages. FNPs perform physical exams; order or perform diagnostic tests; prescribe medications; develop treatment plans; and treat acute and chronic illnesses. If that sounds like a role played by physicians, it's not far off, making this among the most challenging jobs within the nursing profession.

• Emergency room nurse: Individuals who think a fast-paced work environment is for them may want to consider a career as an emergency room nurse. ER nurses treat patients of all ages from all walks of life. No two emergency room patients are the same, so ER nurses will rarely, if ever, have the same day on the job more than once. Accurate assessment skills are vital for ER nurses, who also must be skilled communicators, as emergency room patients are often in distress.

Nursing is an expansive profession with a host of opportunities for aspiring professionals who want to work in the medical community.

## What is a nurse practitioner?

METRO CREATIVE

Annual wellness visits have long been considered a vital component of preventive health care. That hasn't changed, though the dynamic between patient and health care professional during those visits has changed considerably for many people.

Once a realm exclusive to patients and their physicians, annual wellness exams now often involve patients and nurse practitioners. In fact, the American Association of Nurse Practitioners notes that NPs have become the preferred health partner of choice for millions of people, which makes it worthwhile to explore just what NPs do.

### What is a nurse practitioner?

The AANP notes that NPs are highly educated clinicians who blend clinical experience in diagnosing and treating health conditions with an added emphasis on disease prevention and health management. All NPs must complete a master's or doctoral degree program and have advanced clinical training beyond their initial professional registered nurse preparation. The education and training

required of NPs prepares them to practice in various health care settings, including primary care, acute care and long-term care.

### Which services can NPs provide?

Some people may not even realize that the NP they speak with during an annual wellness exam isn't a physician. That's because NPs can perform a host of services people often associate with physicians. The U.S. National Library of Medicine notes that NPs are allowed to provide a broad range of services, including:

- Perform a physical exam
- Order laboratory tests and procedures
- Diagnose, treat and manage diseases
- Prescribe medications and write prescriptions
- Coordinate referrals
- Provide information regarding preventive care and healthy lifestyles
- Perform certain medical procedures

### What are the qualifications to be an NP?

The AANP notes that NPs undergo rigorous certification, periodic peer review and clinical outcome evaluations. NPs also must adhere to ethical codes. In addition, due to the fluid nature of health care, NPs must self-direct their continued learning and development to ensure they maintain their clinical competency.

### Why do I see an NP and not a physician?

The AANP notes that NPs help to address a shortage of primary care physicians. With their expertise and accepted range of responsibilities, NPs are helping to ensure patients receive timely and accurate medical advice. Without NPs, patients may have to wait especially long periods of time to see their physicians, which could have dramatic and adverse long-term effects on their overall health.

Nurse practitioners play a vital role in modern health care settings. These versatile, talented professionals routinely apply their rigorous training and extensive education in ways that benefit their patients every day.



Where Healthcare and Community Connect

## NATIONAL NURSES WEEK SALUTE

MAY 6 THROUGH MAY 12

Nurses make a difference in the lives of their patients and coworkers every day! Each year America honors their hard work and dedication with a national week-long celebration. From May 6 through May 12, medical organizations recognize the tradition of a profession that saves our lives and touches our hearts.

To our nurses at Kern Valley Hospital, your work is not easy. You must have compassion and endurance to be there in the middle of the night, when your patient is struggling with pain. You must have patience and courage to fight that bureaucratic red tape that's delaying your patient's medications from the hospital pharmacy. You must have the composure, medical knowledge, and technical skill to insert that central line into the distressed ER patient who needs medication. You must have an endless supply of "knock knock" jokes to comfort that frightened child. Registered nurses are advocates above all else, whether as a patient advocate at the bedside or as a social advocate promoting an equitable healthcare system for all.

The Nursing Profession is truly a work of "heart," and the simple truth is that every day the nurses at Kern Valley Hospital show how much they really care. As proof of this our nurses regularly receive nice cards, sentiments and heartfelt 'thank you's' from the community. We wish to thank the Kern Valley community for continuing to show your deep appreciation for our nursing staff. And, to the nursing staff, please remember you are always appreciated, loved and respected.

Happy Nurses Week on behalf of the administrators and leadership of the Kern Valley Healthcare District.

Mark Gordon, Chief Nursing Officer



THANK YOU FOR ALL YOUR HARD WORK AND DEDICATION!

ER NURSES • ACUTE CARE NURSES • NURSING ADMINISTRATION • SURGERY DEPARTMENT  
STAFF DEVELOPMENT • SKILLED NURSING • MOUNTAIN VIEW HEALTH CENTER



**CHANGE A LIFE. ADOPT TODAY!!!**  
at the Lake Isabella Animal Shelter  
14891 Highway 178, Southlake • 760-378-1131

**The Shelter is Open M-Sat • 10am-4pm for adoptions 8am-5pm for dog licensing. Closed on Sunday**

For an Animal Emergency, call 661-868-7100  
After hours, call the sheriff 760-549-2100

Sponsored by: Emery Family • Dabrushman Family • Trish & Mark Hamm • Rocky, Izzy, & Bonnie Baird • Jim & Sheila Rosenberg • Sally Villars • Southern Sierra Properties • Kristy & Sharon Carver • Jerry Villars

**Adoption fees for the month of May are \$20.00**



**Rosie**  
Smaller female Pit Bull mix. Very sweet.




**Sunny**  
Medium possibly hound mix. Female will make a great family edition.



**Forest**  
Such a good boy. Needs a family to train him and show him the ropes.




**Sam**  
Male mixed breed looking for a foster.



**Bonnie** Older dog. Been in the shelter awhile now. Desperately wants a family who is home with her all the time

**Limited Services:**  
Vouchers • Licensing  
Adoption includes spay or neuter, microchip, license and vaccines up until the time they leave our shelter.

**CLASSIFIED MARKETPLACE**



# CLASSIFIEDS

## ADVERTISING RATES & INFORMATION

Liners: Minimum \$11.50 for 3 lines, plus \$1.00 for each additional line. *Deadline for liners is Monday 9:00 a.m.*  
Classified Display Ads: \$13.00 per column inch, per issue. *Deadline for classified display ads is Friday 4:00 p.m.*  
Please email ad to: [classified@kvsun.com](mailto:classified@kvsun.com). Terms: All ads are prepaid unless credit has been approved. 760-379-3667 ext 1000  
Notice: Read your ad and report any error immediately. The Sun is not responsible for more than one incorrect insertion. Additionally, the Kern Valley Sun reserves the right to revise or reject ads, and to classify them properly.

# Business Services

**Service of the week**  
Your ad must be 3 inches or larger to be a Service of the Week.

## THOMAS

*Refuse Service*

**Septic Pumping • Grease Traps  
Commercial • Residential  
Locate & Dig  
Escrow Certifications  
Portable Toilets**



**760-379-2618**  
[www.ThomasRefuse.com](http://www.ThomasRefuse.com)  
TRASH • PORTABLE TOILETS • SEPTIC TANK PUMPING & MORE

### Home Services

**Gro-Tech Landscaping**  
BEST BUY FOR ARTIFICIAL GRASS  
SPRINKLER SYSTEMS & REPAIR  
ROCK & DESERT LANDSCAPES

Serving The Valley For 40 Years  
**FREE ESTIMATES**  
DAVE PRIOR CELL 379-7888  
760-379-2735 Lic. # 775052

**ASG DOORS**  
All Services Garage Doors  
Your local garage door specialist  
760-472-2754 Call Justin Caudill  
Asgdoors@gmail.com  
FREE estimate on new doors  
SAME DAY SERVICE

### Miscellaneous Services

**Property & Land Services**  
Serving the Kern River Valley  
• Grading  
• Digging • Hauling  
**661-304-2092**  
NON LICENSED

  
**Rush 2 Learning LLC.**  
Child Care & Preschool Center  
**Open Mon.-Fri.**  
CCCC Approved • Age 0-12

Meals & Snacks Included  
CPR First Aid Certified  
Qualified Teachers & Aides  
Lic.# 153808472, 473, & 474  
**760-379-4800**  
4200 Hatton Ave. • Lake Isabella

### Home Services

## THOMAS

*Refuse Service*

**Septic Pumping • Grease Traps  
Commercial • Residential  
Locate & Dig  
Escrow Certifications  
Portable Toilets**



**760-379-2618 • www.ThomasRefuse.com**  
TRASH • RECYCLING • PORTABLE TOILETS • SEPTIC TANK PUMPING & MORE

**100 SERVICES**

**SCRAP METAL REMOVAL**  
Tree Trimming, Pinewood for sale, Trash Hauling, Chimney Sweeping. Call Chris 760-417-1824

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**MIKE AND SUE'S FIREBREAK/YARD/TREE**  
Trimming & House Clean-Up & Hauling.  
760-223-6888 Or 223-2580

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**520 APARTMENT FOR RENT**

**Nice Large 1 Bedroom in Wofford Hts. No Smoking/No Pets \$725/Mo. + Dep. 760.223.1058**

---

**550 MOBILE HOMES FOR RENT**

**LAKE ISABELLA**  
2BR. 2BA. M/H, REFURBISHED, PATIOS, Deck, 2 Carport, In Nice 55 Plus Park. \$627. To \$927/ Monthly. Rent Or Buy Starting At \$20K. Good Credit. 760-379-2092

**560 MOBILE HOME & RV SPACE FOR RENT**

**SHADED KNOLL MHP/RV**  
Mobile Home Spaces. \$305/Mo. Plus Utilities. 818-216-2263

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**700 WANTED TO BUY REAL ESTATE**

**I Buy Houses and Mobile Homes CASH, Fixers Ok**  
**Call Harvey 760-304-8554**

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**620 MOBILE HOME FOR SALE**

**FOR SALE IN SPORTSMAN TRAILER PARK**  
Lake Side. Beautiful View Clean Quiet 50+ Park in Wofford Heights

**3 UNITS FOR SALE**  
1.) Move in Ready Singlewide - 1 bed, 1 bath, remodeled, very cute  
2.) Front Row Fixer, Big Deck - 1 bed, 1 bath, great view  
3.) 1 Bed 1 Bath Fixer - with extra room, nice deck, car port

**CALL JANIE FOR MORE INFO. 760-338-8713**

Call today to place your ad in the Classifieds!  
**760-379-3667 ext. 1000**

**MOVE IN READY, MAKE ME AN OFFER**  
Very nice 1bd, 1ba, w/672 sq ft m.h, w/laundry and off-street parking, in Paradise Mobile Home Estate. Pre-approved is required by park management. Great getaway for the weekend or vacations. Private seller asking \$30,000. Call for more info. 805-710-1672

## KERN VALLEY SUN

**ONLY \$22.50**

**Subscription Special**



For a 6 Month Subscription to the Kern Valley Sun... That's 26 Issues of Local News for Only \$0.87 per issue. Home Delivery or Local Mail... Valid ONLY on a NEW 6 Month Subscription

**Call: (760)-379-3667 Ext. 1002**  
Or Stop by the Office at: 6047 Lake Isabella Blvd. #C  
Office Open Monday thru Friday 9:00am to 3:00pm  
Subscribe today to take advantage of this special offer.

Stay in tune with local news every hour on the hour at the top of the hour.



Catch the local news from the Kern Valley Sun exclusively on Outlaw Radio 103.7 FM at the top of every hour daily.


**LOCAL NEWS**  
Brought to you by your community partners, Outlaw Radio and the Kern Valley Sun, doing more for you.

**KERN VALLEY SUN**

# Licensed Contractors

**NOTICE TO READERS:** California law requires that contractors taking jobs that total \$500 or more (labor and materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license number on all advertising. You can check the status of your licensed contractor at [www.cslb.gov](http://www.cslb.gov) or 1-800-321-CSLB. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

## Contractor of the week



**Heating & Air Conditioning  
Electrical • Plumbing  
Service • Repair • New Construction**  
Serving the Kern River Valley

**Phone (760) 417-1574**

**Contractors-General Builders**

**Kern River Valley Carpentry**  
License #1036278  
3810 Cook Peak Rd, Lake Isabella, CA 93240  
nb@kernrivervalleycarpentry.com  
**(760)382-8446**

**Electric**

**VAZZANA ELECTRIC**  
Commercial • Residential • Industrial  
Bryan (Bubba) Vazzana  
Cell: 951-545-6526 • Lic. C10# 860586

  
Erik Scott Construction  
General Contractor  
[www.erikscottconstruction.com](http://www.erikscottconstruction.com)  
**831-419-8633 (Local)**


**Concrete**

**G.L. VEGA Concrete**  
**760-379-7512**  
glvegaconcrete@yahoo.com • Lic# 654259

### Paving

**Kern Asphalt Paving and Sealing Co, Inc.**  
Serving The Kern Valley Since 1970  
**PAVING • SEALING • STRIPING • CRF**  
Reclamite for Asphalt Rejuvenation  
**661-391-8000** Lic. # 812686

### Heating/Cooling



**TLC MECHANICAL, LLC**  
HEATING • AIR CONDITIONING  
Service • Repair • New Construction  
Serving the Kern River Valley  
Phone (760) 417-1574





**VALID MAY 8 - MAY 14**



**MIRACLE-GRO POTTING MIX**  
Plant And Nurture: Soil nutrients feed indoor and outdoor container plants for up to 6 months.

**NATURE SCAPES MULCH**  
Beauty And Protect: A three-inch layer of mulch helps prevent weeds and conserve soil moisture



SALE \$38.99 - \$5 ACE REWARDS EXCLUSIVE\*  
**\$33.99**

SALE 2 FOR \$22.00

SALE 2 FOR \$30.00

SALE 2 FOR \$12.00

SALE 3 FOR \$9.99

33% MORE THAN 1.5 CU. FT. BAGS SOLD ELSEWHERE

Scotts® Turf Builder® Tall Fescue Grass Seed, Fertilizer & Soil Improver, 5.6 Lb. 7023447  
Limit 5 at this price.

Miracle-Gro® Raised Bed Soil or Whitney Farms® Organic Raised Bed Mix, 1.5 Cu. Ft. 7599728, 7505977  
Limit 96.  
**MUST BUY IN MULTIPLES OF 2#**

Miracle-Gro® 2 Cu. Ft. Potting Mix or 4 Lb. All Purpose Plant Food 7104052, 7307804  
Limit 15.00 each.

Scotts® Turf Builder® Lawn Soil, 1 Cu. Ft. 7106198  
\$6.00 each.

Scotts® Nature Scapes® Color Enhanced Mulch, 2 Cu. Ft. Prevents weeds naturally – use a 3" layer to block growth and access to sunlight. 1-year color guarantee. 7394695, 7394711, 7394703  
Limit 120.  
**MUST BUY IN MULTIPLES OF 3#**

SALE \$89.99 - \$11 ACE REWARDS EXCLUSIVE\*  
**\$78.99**



Scotts® 3 Step Annual Program Covers 5000 sq. ft. 7026023  
Limit 2 at this price.  
15,000 Sq. Ft., 7026024...SALE \$219.99 - \$30.00 Ace Rewards Exclusive,\* You Pay \$189.99.  
Limit 2 at this price.

SALE \$24.99 - \$2 ACE REWARDS EXCLUSIVE\*  
**\$22.99**



Ace® Lawn Fertilizer Covers 5000 sq. ft. 7475379  
Limit 2 at this price.  
15,000 Sq. Ft., 7475346...\$54.99 - \$4.00 Ace Rewards Exclusive,\* You Pay \$50.99.  
Limit 2 at this price.

SALE \$32.99 - \$2 ACE REWARDS EXCLUSIVE\*  
**\$30.99**



Ace® Weed and Feed Covers 5000 sq. ft. 7475403  
Limit 2 at this price.  
15,000 Sq. Ft., 7475460...\$69.99 - \$4.00 Ace Rewards Exclusive,\* You Pay \$65.99.  
Limit 2 at this price.



YOUR CHOICE SALE \$21.99 each

Select Ace® Fiberglass Handle Yard & Garden Tools 7011414, 7012818, 7011273, 7012859

SALE \$19.99

Scotts® Professional Landscape Fabric, 4' x 50' 7024617  
4' x 100', 7024619...SALE \$34.99

SALE \$29.99 - \$5 ACE REWARDS EXCLUSIVE\*  
**\$24.99**

Ace® Flexogen® 50' Heavy Duty Premium Garden Hose 71928  
Limit 2 at this price.  
100', 72054...SALE \$46.99 - \$10.00 Ace Rewards Exclusive,\* You Pay \$36.99. Limit 2 at this price.

SALE \$22.99 - \$3 ACE REWARDS EXCLUSIVE\*  
**\$19.99**

Ace® 2 Gal. Home & Garden Sprayer 7437668  
Limit 2 at this price.  
4 Gal. Pro Backpack Sprayer, 7006696...SALE \$109.99 - \$10.00 Ace Rewards Exclusive,\* You Pay \$99.99.  
Limit 2 at this price.



SALE \$29.99 - \$5 ACE REWARDS EXCLUSIVE\*  
**\$24.99**

Ace® Metal Oscillating Sprinkler 7095581  
Limit 2 at this price.



SALE \$35.99

Zero-G® 50' Garden Hose Lightweight, kink resistant, jobsite tough. 7465248  
100', 7539711...SALE \$55.99.



SALE \$49.99 - \$5 ACE REWARDS EXCLUSIVE\*  
**\$44.99**

Suncast® 150' Capacity Hose Hideaway® 7025324  
Limit 2 at this price.  
Hose and nozzle not included.



SALE \$139.99 - \$5 ACE REWARDS EXCLUSIVE\*  
**\$134.99**

Ace® 6 Cu. Ft. Dual Wheel Steel Wheelbarrow 7331721  
NO LIMIT.  
Wheelbarrow contents not included.

Satisfaction Guarantee: Your Satisfaction Is Our Goal... WE GUARANTEE

Mon. - Fri. 7-6 • Sat. & Sun. 8-5

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